

## **Lenten Compline, 29th March**

### **Preparation**

The Lord Almighty grant us a quiet night and a perfect end.  
**Amen.**

Our help is in the name of the Lord  
**who made heaven and earth.**

*We remain silent for a few moments to reflect on the day that has past*

**Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.**

O God, make speed to save us.  
**O Lord, make haste to help us.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*The following hymn may be said or sung*

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.

## The Word of God

### Psalm 91 - Trampling the serpent

1. Whoever dwells in the shelter of the Most High  
and abides under the shadow of the Almighty,
2. Shall say to the Lord, 'My refuge and my stronghold,  
my God, in whom I put my trust.'
3. For he shall deliver you from the snare of the fowler  
and from the deadly pestilence.
4. He shall cover you with his wings  
and you shall be safe under his feathers;  
his faithfulness shall be your shield and buckler.
5. You shall not be afraid of any terror by night,  
nor of the arrow that flies by day;
6. Of the pestilence that stalks in darkness,  
nor of the sickness that destroys at noonday.
7. Though a thousand fall at your side  
and ten thousand at your right hand,  
yet it shall not come near you.
8. Your eyes have only to behold  
to see the reward of the wicked.
9. Because you have made the Lord your refuge  
and the Most High your stronghold,
10. There shall no evil happen to you,  
neither shall any plague come near your tent.
11. For he shall give his angels charge over you,  
to keep you in all your ways.
12. They shall bear you in their hands,  
lest you dash your foot against a stone.
13. You shall tread upon the lion and adder;  
the young lion and the serpent you shall trample underfoot.
14. Because they have set their love upon me,  
therefore will I deliver them;  
I will lift them up, because they know my name.
15. They will call upon me and I will answer them;  
I am with them in trouble,  
I will deliver them and bring them to honour.
16. With long life will I satisfy them and show them my salvation.

Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

### ***Scripture Reading***

*One of the following short lessons is read:*

You, O Lord, are in the midst of us and we are called by your name; leave us not, O Lord our God.

*Jeremiah 14.9*

Be sober, be vigilant, because your adversary the devil is prowling round like a roaring lion, seeking for someone to devour. Resist him, strong in the faith.

*1 Peter 5.8, 9*

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

*Revelation 22.4, 5*

Into your hands, O Lord, I commend my spirit.

**Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

**I commend my spirit.**

Glory to the Father, and to the Son, and to the Holy Spirit.

**Into your hands, O Lord, I commend my spirit.**

Keep me as the apple of your eye.

**Hide me under the shadow of your wings.**

***The Nunc Dimittis (The Song of Simeon) is said***

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

1 Now, Lord, you let your servant go in peace:  
your word has been fulfilled.

2 My own eyes have seen the salvation  
which you have prepared in the sight of every people;

3 A light to reveal you to the nations  
and the glory of your people Israel.

*Luke 2.29-32*

Glory to the Father and to the Son  
and to the Holy Spirit;

as it was in the beginning is now  
and shall be for ever. Amen.

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

*Intercessions may be offered.*

***The Collect***

Visit our homes, O Lord, we pray,  
and drive far from them the snares of the enemy;  
may your holy angels dwell with us and guard us in peace,  
and may your blessing be always upon us;  
through Jesus Christ our Lord.

**Amen.**

***The Lord's Prayer***

**Our Father,  
which art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil;  
for thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**

Abide with us, Lord Jesus,  
**for the night is at hand and the day is now past.**

As the night watch looks for the morning,  
**so do we look for you, O Christ.**

The Lord bless us and watch over us;  
the Lord make his face shine upon us and be gracious to us;  
the Lord look kindly on us and give us peace.

**Amen.**

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